Costa Rica 2016 Trip Itinerary

Day 1 - Monday May 9th
Flight, then transfer to Arenal area (POAS maybe and you pay entrance fee of $15) and arrive in the afternoon. Transfer to the Hot Springs and Eat Dinner. Stay at Arenal Eco Lodge. Phone (506) 2479 9526. Phone numbers in Costa Rica are 8 digits.

Day 2 - Tuesday May 10th
Hike Arenal Volcano in the morning (Breakfast at hotel). Lunch and Dinner in La Fortuna (you would pay). Waterfall in afternoon. Lodging Arenal Ecolodge.

Day 3 - Wednesday May 11th
Breakfast at the Hotel. Transfer to Ecolodge in San Luis (Lunch in route and is covered). Observe renewable energy in Costa Rica (wind, solar and hydro). Evening in San Luis Ecolodge and dinner at Ecolodge. Phone 506.2645.7363

Day 4 - Thursday May 12th
Sampling Streams Low Tier and discussion of stream ecology in the tropics. Evening at Ecolodge. All meals covered.

Day 5 - Friday May 13th

Day 6 - Saturday May 14th
Sample Streams near Guacimal in the morning. Work with Local Asadas and Management of Water Resources in Costa Rica. Transfer to Guacimal. Evening at Ecolodge and Sustainability Center in Guacimal. All meals covered.

Day 7 - Sunday May 15th
Work in Lab at UGA and Insect Identification. Work with Veronica in Guacimal on Sustainability. Evening at Ecolodge and Sustainability Center Guacimal. All meals covered.
**Day 8 - Monday May 16th**
Zip lines and Hanging Bridges. Ecotourism. Evening at Ecolodge. All meals covered.

**Day 9 - Tuesday May 17th**
Monteverde Cloud Forest and Coffee Tour. Tropical Cloud Forest and Biodiversity. Lunch at Cabure. Evening and Dinner Ecolodge.

**Day 10 - Wednesday May 18th**
Transfer to Manuel Antonio Beach 7 am – Check in hotel – La Colina. Phone (506) 6101 6007. Lunch in route (covered) and dinner in Quepos (you would pay). Hike Manuel Antonio (Dry Forest) and Beach in the afternoon.

**Day 11 - Thursday May 19th**
Breakfast at Hotel. Lunch (covered) and Mangrove Tour in the afternoon. Mangrove Ecology and Wildlife. Dinner (you would pay) in Quepos and Evening at La Colina.

**Day 12 - Friday May 20th**
Breakfast at Hotel. Catamaran and snorkeling in morning (Lunch covered). Afternoon at Beach in Manuel Antonio. Evening at La Colina. (dinner covered)

**Day 13 - Saturday May 21st**
7am transfer to Airport and flight home.