



Outdoor Recreation Minor (15-18 credits)

	Course Numbers	Course Titles	Hours	Credits Earned
Required		(Complete all listed below)		
	AT 225/EXPH 225	Safety and Management of Health	2/3	
	HPE 265	Philosophy of Outdoor Experiential Education	3	
	HPE 266	Outdoor Recreation Leadership	3	
	HPE 415*	Internship in Health and Physical Education	1-12	
Electives		(Complete 3-4 Credits from the Following Courses)		
	HPE 108	Introduction to Adventure Activities	1	
	HPE 109	Cooperative and Competitive Movement Challenges	1	
	HPE 120	Scuba Diving	1	
	HPE 125	Rock Climbing and Vertical Rope Work	1	
	HPE 126	Challenge Course and Adventure Training	1	
	HPE 127	Basic Backpacking and Hiking	2	
	HPE 128	Basic Canoeing and Kayaking	2	
	HPE 129	Mountain Biking	2	

* Students are encouraged to take several internships. The internships can be taken more than once for 1-12 credits. If more than one HPE 415 internship is taken, it must be applied to experiences with different sports. The student and advisor must be aware of the application for multiple internships.

FOR MORE INFORMATION PLEASE CONTACT:

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