

# CHAPLAIN'S CORNER

## The Emotions of Holy Week

BY NATHAN

I easily forget the reality of holding different emotions at the same time. One can be happy while at the same time endure great sadness. We might experience great hope while at the same time deep betrayal. In times of deep grief, we can also have memories of great joy.

I am so excited to get my second dose of the vaccine this week, but I also have fears as I see covid cases rising again across the country. I am surprisingly happy to see Ever Given free from being stuck inside the Suez Canal, yet have trepidation about the court case concerning former police officer Derek Chauvin.

Sometimes, it feels as if I feel all the emotions at the same time. I have been thinking about this especially as this week is the Christian Holy Week; Maundy Thursday, Good Friday, Holy Saturday, and Resurrection Sunday.

Taken as separate days, it's an emotional rollercoaster. Jesus the Christ eats a meal with his closest friends and washes their feet. Hours later, he is betrayed by most of these closest friends and handed over to be beaten and arrested. On Good Friday, the hope that the Messiah had arrived is destroyed as Jesus is crucified. Holy Saturday is a day of grief, silence, and fear. Yet, Resurrection Sunday is a day of celebration, a reminder that life, love, and light triumph over death, darkness, and hate.

So many emotions in such a few short days.

CONT'D ON P. 3



## This issue:

"The Emotions of Holy Week"  
by Chaplain Albert  
PAGE 01

Dates to Remember  
PAGE 02

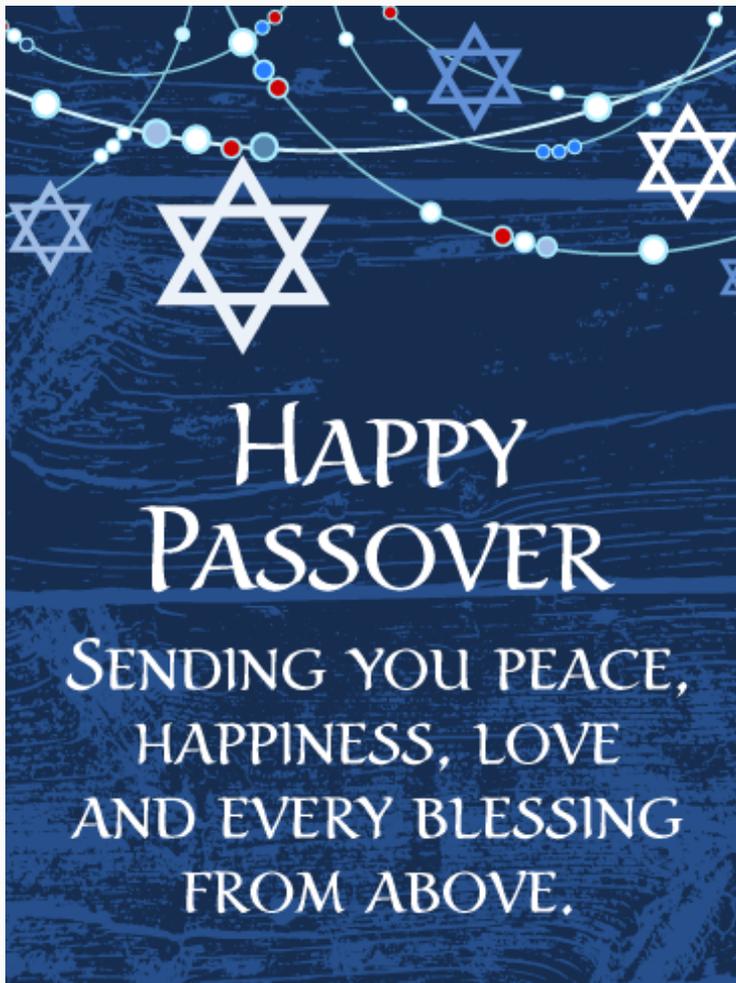
Sympathies, Concerns,  
and Congrats  
PAGE 02

Helpful Links  
PAGE 02

## Sympathies, Concerns, and Congrats

Our sympathies are extended to:

- **Hannah Hawkins** (first year, Forest, VA) on the death of her grandfather.
- **Brycen Stratton** (sophomore, Lynchburg, VA), whose friend died.
- The family, friends, and former colleagues of **Thelma L. Twery** (Associate Professor Emerita, Art) who died on March 24, 2021. [Link](#) to obituary.



For a list of regularly scheduled fellowship group meetings, go to the [Spiritual Life webpage](#) and click on "Spiritual Organizations on Campus."

Like us on Facebook -

<https://www.facebook.com/LynchburgSLC>

Helpful Links on LinkTree at - [SpiritualLifeCenter](#)

## Dates to Remember

Vespers

9 p.m. Sundays:

April 4    April 18    May 2

(Use YouTube Link on page 3)

Passover

began at Sundown on  
Saturday, March 27  
and ends in the evening  
on Sunday, April 4

Thursday, April 1

8 p.m.

Virtual Maundy/Holy  
Thursday Service

Use Link on page 3

Friday, April 2

10:15 a.m. - 1:15 p.m.

6:15 - 8:15 p.m.

Good Friday

Stations of the Cross

Self-Guided Service

in Snidow Chapel

Sunday, April 4

8 a.m.

Easter Sunrise Service

Friendship Circle (Rain

Location is Snidow Chapel)

# The Emotions of Holy Week (cont'd)

For Jews who celebrate Passover this week, there is a similar wave of emotions. Celebrating the exodus of the ancient Israelites from slavery in Egypt, Passover is one of the most important Jewish festivals that lasts eight days. After years of oppression and distress, ten plagues to afflict the Egyptian oppressors, there comes a moment that changes the trajectory of their lives. The final plague 'passed over' the Israelites' homes and eventually allowed Moses and hundreds of thousands of people to cross the Red Sea and find freedom.

These spiritual holy days and celebrations remind me of the plethora of emotions we have probably all experienced in the last year. How many of us have been overly anxious, overwhelmed, or heavy with grief while at the same time enjoying the presence of our families, laughing at a show on Netflix, or overjoyed by the beauty of a sunset?

I am reminded this week that all the emotions belong. One is not more important than the other. We need not get rid of one emotion in order to experience another. Every person is carrying a deep and secret burden. Every person is carrying a deep and secret joy. It's another reason why it's so important to be kind.

This week, if you find yourself resonating with this, I do invite you to partake in some of our Holy Week events. Our office will be hosting a virtual Tenebrae Service on Maundy Thursday, an interactive Good Friday experience in Snidow Chapel, and an Easter morning service on Friendship Circle. If you are able, we invite you to join us. (Details on services on page 2.)



Look for the  
Easter Basket with  
treats from the  
Spiritual Life Center

The Chaplain's Corner is a newsletter published by the Spiritual Life Center (SLC) at the University of Lynchburg. We share campus concerns and updates, spiritual life events and activities, and words for the journey.

If you have a joy or concern you'd like to share, reply to this message, email the SLC office - [spirituallife@lynchburg.edu](mailto:spirituallife@lynchburg.edu), or call 434.544.8348. We only share with your permission. Current and previous issues are on the SLC page of the University website - [www.lynchburg.edu/spiritual-life](http://www.lynchburg.edu/spiritual-life).



**SPIRITUAL LIFE SERVICES  
are live- streamed via our  
YouTube Channel**