Congratulations to:

**Congrats Interfaith Outreach Sunday 4:30 p.m., Snidow Chapel.**

**Roman Catholic Mass**

**Sydnor Performance Hall.**

**Protestant Worship, 3 p.m.,**

**InFaith Life.**

**a.m., Center for Spiritual Quaker Meeting**

**inches.**

6 ounces and was 21 1/2 inches.

**6 pounds,**

**birth of their son. Noah**

**Kristen Jones**

(scholarship coordinator) and his fiancée** Jonathan Lombardo (graduate student)**

**and**

**Roth.a@lynchburg.edu**

So this week I have two challenges to end my musings. First, please make an effort to reach out and experience other traditions, learn about other traditions and celebrate our own and grow together. The campus is increasingly religiously and spiritually diverse, just like our communities. Interfaith work does not water down any of our traditions, but rather enriches our understanding of the divine, and we understand new facets and the understandings of different cultures. If you are interested in interfaith meditation, check out the student led SANGHA group that meets weekly for meditation on campus. Another of my favorite local organizations that lives out this commitment to diversity, is Interfaith Outreach. Both our first lady, Sheila Garren, and our Hillel Director, Andrea Roth, serve on the Board of Directors for Interfaith Outreach, so the annual fundraising Interfaith Outreach Bowl-a-thon has been a topic of conversation in our office. (If you would like to participate on an Interfaith Spiritual Life Bowl-a-thon Team, email Andrea Roth, roth.a@lynchburg.edu. She will sign you up! See box at left for details.)

So this week I have two challenges to end my musings. First, please make an effort to reach out and experience other traditions, learn about other traditions and learn about your own. Second, wash your hands. So many people are sick this week that you are likely to have more time for your faith journey if you use lots of soap and water.

Blessings,

Stephanie

By Stephanie McLemore
Chaplain and Director of Church Relations

### Dates to Remember

<table>
<thead>
<tr>
<th>Date/Time/Location</th>
<th>Event</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Wednesday, February 4</strong>&lt;br&gt;4:30 to 7 p.m. Memorial Ballroom</td>
<td>Spring Organization Fair</td>
<td>An opportunity to learn about all student organizations on campus</td>
</tr>
</tbody>
</table>

### Regularly Scheduled Meetings

For a list of our regularly scheduled meetings during the academic year, go to the [Spiritual Life webpage](http://www.lynchburg.edu/spirituallife) and click on "Spiritual Organizations on Campus."