### HEALTH PROMOTION DEPARTMENT
BACHELOR OF SCIENCE (BS)

#### MAJOR REQUIREMENTS (59 Credits)

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#### Health Promotion Support (11 Credits)
- BIOL 222 Human Anatomy and Physiology I (3)
- BIOL 222L Human Anat and Phys I Lab (1)
- BIOL 223 Human Anatomy and Physiology II (3)
- BIOL 223L Human Anat and Phys II Lab (1)
- STAT 222 Concepts of Statistics (3)

#### Health Promotion Core (39 Credits)
- HP 210 Health Disparities,Equit,Advoc (3)
- HP 221W Global Health (3)
- HP 239 Dimensions of Health & Wellness (3)
- HP 270 Nutrition (3)
- HP 271 Foundations of Health Promotion (3)
- HP 275 Medical Terminology (3)
- HP 292 Psychosocial Health (3)
- HP 300 Drugs and Behavior Management (3)
- HP 322 Health Aspects of Aging (3)
- HP 325 Human Diseases (3)
- HP 340 Women’s Health Issues (3)
- HP 371W Research in Health Promotion (3)
- HP 372 Contemporary Health Issues (3)
- HP 420W Health Program Planning (3)

#### Internship (minimum of 6 credits)
- ^HP 415 Internship in Health Promotion

#### NOTES
- *Refer to the DELL Areas of Study schedule for lists of courses that satisfy University requirements.
- **Must take two sequential courses.
- ***Courses that do not satisfy a major or DELL requirement. Can include coursework for a minor. Up to 6 additional elective credits may be applied to HP 415 Internship in HP

^All HP prefix courses must be completed and a Minimum cumulative 2.25 QPA are required to take HP 415.

Total credits required for graduation: 124 Credits
For graduation with Honors, see Undergraduate Catalog.

### DEPARTMENT CONTACT
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Department Chair, Assistant Professor
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Recommended DELL Courses for HP majors

Ethics or Civic Engagement
PHIL 224 (often required for PT, OT, PA application)

Language & Intercultural Competence
SPAN 205 Medical or LATN 205W Medical

Quantitative Reasoning
STAT 222 (required for HP major, PT, PA, OT application)

Scientific Literacy
PSYC 111 (required for PT, OT application)

Social Science Literacy
SOCI 222 or SOCI 245 (often required for OT application)

Recommended Electives for HP majors

HP 290  Spirituality and Health (Fall only offering)

Elective recommendations for students preparing for graduate school in Physical Therapy (DPT):

Required Physical Therapy prerequisites
PSYC 111 – 4 (DELL Scientific Literacy)
BIOL 114 - 4
Advanced Biology 3-4 (EXPH 325, EXPH 380, BIO 323, BIO 424)
MATH 102 or MATH 103 - 3
CHEM 111 - 4
CHEM 112 - 4
PHYS 141 - 4
PHYS 142 - 4
PSYC 241 - 3
HP 415 Internship in HP (6- 12) for 240-480 hours in PT setting

Elective recommendations for students preparing for graduate school in Physician Assistant (PA):

Required Physician Assistant prerequisites
BIOL 113 - 4
BIOL 114 - 4
BIOL 323 - 4 Genetics
BIOL 424 - 4 Microbiology
MATH 102 or MATH 103 - 3
CHEM 111 - 4
CHEM 112 - 4
CHEM 221 - 4 Organic Chemistry
PSYC 241 - 3
Emergency Medical Technician Certificate prior to Senior Year
HP 415 Internship in HP (12) for 500 hours in ER setting

Elective recommendations for students preparing for graduate school in Occupational Therapy (OTR):

Required Occupational Therapy prerequisites
PSYC 111 – 4 (DELL Scientific Literacy)
PSYC 241 - 3
PSYC 308 - 3
HP 275 - 3
SOCI 201 or 121 - 3
HP 415 Internship in HP (6- 12) for 240-480 hours in OT setting

Recommended Occupational Therapy prerequisites
EXPH 380 -3 Kinesiology

It is highly recommended that health promotion majors choose additional courses to support the core requirements of the major. Students may choose a minor from other disciplines such as biology, environmental science, journalism, speech communication, psychology, sports medicine, or a combination of courses from various disciplines.

Health Promotion Minor (18 hours)

Core Courses (6-credits):
HP 239  Dimensions of Health and Wellness
HP 271  Foundations of Health Promotion

Choose four courses from the following (12-credits)
HP 210  Health Disparities, Equity, and Advocacy
HP 221W  Global Health
HP 270  Nutrition
HP 275  Medical Terminology
HP 290  Spirituality and Health
HP 300  Drugs and Behavior Management
HP 322  Health Aspects of Aging
HP 325  Human Disease
HP 340  Women’s Health Issues
HP 372  Contemporary Health Issues

CHES Credential

Health Promotion students are eligible to take the CHES examination upon completion of course work. This unique credential signifies that the health educator has completed required course work with a grade of C or better and has passed this competency-based national exam. Health Promotion students are encouraged to take this exam but not required to.
Additional fees apply and further information regarding eligibility and testing locations can be found at https://www.nchec.org/

According to the National Commission on Health Education Credentialing, Inc. (NCHEC), national certification benefits practitioners and the public because it:

○ Establishes a national standard of practice for all health education specialists
○ Attest to individual health education specialist’s knowledge and skills
○ Assists employers in identifying qualified health education practitioners
○ Develops a sense of pride and accomplishment among certified health education specialists
○ Promotes continued professional development for health education specialists

DEPARTMENT FACULTY
Dr. Joaquin Fenollar-Bataller, PhD, MCHES  Assistant Professor of Health Promotion
Dr. Jennifer Hall, EdD, MCHES  Assistant Professor of Health Promotion
Dr. Beth McKinney, PhD, MPH, CHES  Associate Professor of Health Promotion
Dr. Todd Olsen, PhD, MPH  Professor of Health Promotion
Dr. Tonya Price, DHEd, MS, RDN, CHES  Department Chair/Program Director
Mrs. Colby M. Takacs, MPH, CHES  Instructor of Health Promotion