Lynchburg College Health and Physical Education
Suggested Sequence of Courses

### Fall

**Freshman - Hr 15**
- COMM 101 or THEA 123 (3)
- ENGL 111(3)
- HIST 101 (3)
- Gen ED Lab Science (4)
- HPE 102 (2)

**Sophomore - Hr 16**
- BIOL 222 Human Anatomy(3)
- BIOL 222L Human Anatomy Lab(1)
- HP 270 Nutrition(3)
- HPE 258 Foundations of HPE(3)
- PSYC 245 (3)
- **Take and Pass PRAXIS I**
- Gen Ed Literature (3)

**Junior – Hr 17**
- HPE 303 Motor Development(3)
- HPE 361 Measurement of Performance HPE (3)
- HPE 118 (2)
- EXPH 325 Physiology of Exercise(3)
- HP 300 Drugs and behavior management(3)
- Gen Ed Social Science (3)
- **Apply and be accepted into the Teacher Preparation Program**

**Senior – Hr 17**
- HPE 304 Sport and Exercise Psychology(3)
- **HPE 320 6-12 P.E. Methods Practicum(4)**
- EXPH 380 Kinesiology(3)
- **Take and Pass PRAXIS II**
- Senior Symposium (2)
- Gen Ed Social Science (3)
- HPE 116 (2)
- **Apply and be accepted to Student Teach**

### Spring

**Freshman - Hr 16**
- GEN ED Math (3)
- ENGL 112 (3)
- Gen Ed Lab Science (4)
- HIST 102 (3)
- Gen Ed Religion (3)

**Sophomore – Hr 16**
- BIOL 223 Human Physiology(3)
- BIOL 223L Human Physiology Lab(1)
- **HPE 310 PK-5 P.E. Methods Practicum(4)**
- HPE 117 (2)
- **Take and pass VCLA**
- Gen Ed Foreign Language (3)
- Gen Ed Philosophy (3)

**Junior – Hr 15**
- **HPE 335 Comprehensive School Health Practicum(4)**
- **HPE 362 HPE for Exceptional Populations(3)**
- EDUC 351 Reading in the Content Area (3)
- Gen Ed Fine Arts (3)
- Elective Credits (2)

**Senior – Hr 12**
- EDUC 448 Student teaching seminar(1)
- HPE 467 Student teaching in HPE(11)

**Total Hours = 124**

These courses cannot be taken unless the student has been admitted to the teacher Preparation program

Requirements for Admission to the Teacher Preparation Program: (You must take PSYC 245 and pass with a C- or better to apply to the Teacher Preparation Program)

1. Overall QPA of 2.50 or above.
2. Completion of (or currently enrolled in) core courses with grades of B- or above.
3. Passing scores on Praxis I of 532, passing score on Praxis 1 Math 150 or exemption based on SAT scores (since April, 1996) of 1100 composite (verbal and math only) and at least 530 on both verbal and math subtests and Passing scores on the VCLA 470 total with a 235 Writing and a 235 Reading Score

Application Deadlines are November 1 for the fall and February 1 for the spring

Application to student teaching
Application deadline are September 15 for Spring and February 1 for Fall Student teaching. Pass Praxis II Health and Physical Education Content Knowledge (5857) with a score of 160. Overall GPA of 3.0 or above with no major required course grade lower than a C-.