

CHAPLAIN'S CORNER

See Miracles Everywhere

BY NATHAN

My commute to campus is relatively short; about a six minute walk. Every day, I walk past the same houses and parked cars, greet the few neighbors out early and say hi to the neighborhood cat, and try to calm the very small but overly rambunctious guard dog. The other day, however, I noticed something that I hadn't seen in the multiple years that I walked this route.

As I walked up the hill nearing a corner, I saw the same tree I see everyday. Yet, my eyes wandered up all the way to the top. At that moment, I realized just how large it was. By far, it was the tallest tree on the block but I had never noticed its height before this moment.

It took my breath away. Well, that might have been the incline of the hill that took my breath away. Regardless, I said out loud, "Wow, what a beautifully tall tree."

It reminded me of the phrase by Zen Master and Buddhist monk, Thich Nhat Hanh, who wrote, "If you live in awareness, it is easy to see miracles everywhere."

Reflecting on my daily walk to campus, perhaps I'm not as aware as I should be. The tree was a little miracle that had been there the entire time, but I did not see it until that moment.

As I walked across campus yesterday, I was again reminded of Thich Nhat Hanh's wisdom. Students are back on campus, the Dell is full of energy, and there is a joyous and exciting atmosphere across campus. The little miracles are everywhere.

My hope this week, as we start another semester together, is that you take the time to live into awareness so you might see miracles all across campus.



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Living on a Prayer

What: Write down your prayer requests (can be anonymous)

When: Wednesdays from 11 a.m. - 1 p.m.

Where: Dining Hall

Why: Catholic Community prays over requests Wednesdays and at Sunday Mass. Requests may also be emailed to Kayla (serratore_KR@lynchburg.edu). Confidentiality is always respected.

Sympathies, Concerns, and Congrats

Congratulations to:

- **Wendy Martin** '99 (Office of the Provost) on the birth of her granddaughter. Autumn Rose Martin was born August 13, 2022 to parents Robert and April Martin. She weighed 8 lbs, 3 oz and was 21 inches. She joins big sister Aubrey Nicole.

Our sympathies are extended to:

- **Dr. Deanna Cash** (College of Education, Leadership Studies, and Counseling) on the death of her partner, Scott Steph.
- **Mary Hunt** (retired, Business Office) on the death of her husband, Thomas "Ryland" Hunt.
- **Lisa Womack** (Business Office), whose cousin, Susie Meadows King, died.

Passages . . . through grief

A **Virtual Grief Recovery Program** for those who have had significant loss due to death, divorce, relationship strain, or health issues.

When: 6 sessions on Thursdays, beginning September 15

Time: 6:30 - 8:30 p.m.

Cost: \$75 per person (If need for scholarship, contact the Spiritual Life Center)

Leaders: Mary Ann Lippincott, Ph.D.
Licensed Psychologist, Fellow, AAPC
Susan H. Williams, BSW
Certified Grief Counselor

Contact Susan Williams at 434.944.8458 or register at www.passagesthroughgrief.com

The Chaplain's Corner is a newsletter published by the Spiritual Life Center (SLC) at the University of Lynchburg. We share campus concerns and updates, spiritual life events and activities, and words for the journey.

If you have a joy or concern you'd like to share, reply to this message, email the SLC office - spirituallife@lynchburg.edu, or call 434.544.8348. We only share with your permission. Current and previous issues are on the SLC page of the University website - go to Link in signature (www.lynchburg.edu/spiritual-life) and click on "Newsletter."

For more information about the Spiritual Life Center, including info on student spiritual life groups, go to our webpage - link in the email signature.

You can also visit our Linkt.ree (link is in email).

Dates to Remember

Sundays at 4:30 p.m.
Weekly ROMAN CATHOLIC MASS
in Snidow Chapel

Friday, August 26
3-4 p.m. at SLC Terrace Level
Jewish Community (Hillel)
MEET AND GREET

SPIRITUAL LIFE FAIR

Tuesday, August 30 - 4-6:30 p.m.
Drysdale 3rd Flr Commons Area

Join us for:

- **Free T-Shirts**
- Candy
- Giveaways
- Activities
- Info on student SL groups

Wed. & Thur., Aug. 31 - Sep. 1
INVOLVEMENT FAIR
4-6 p.m. at Hundley Highway

FOOD PANTRIES

Located at:

Flynn Multicultural Center, Drysdale
Hundley First Floor
Spiritual Life Center (outside) -
500 Brevard. St.