

CHAPLAIN'S CORNER

Lynchburg Cares

BY JER

As a person who is influenced by many faith traditions, I find great inspiration in the late Zen Master Thich Nhat Hanh. Hanh was a Buddhist monk, a spiritual mentor, a poet, and a peace activist. He was a strong believer in engaging the world to make it a better place for all beings. Though I never met Hanh, he was one of my teachers. I continue to learn from him.

Sometimes when I wonder if I am able to make change in the world, I remember Thich Nhat Hanh's advice: "Everything can begin with you. You are the foundation of any change that will happen in society." These words remind me of Blessed Teresa of Calcutta (Mother Teresa) who once said, "If you can't feed a hundred people, feed just one." All acts born out of compassion and love, even the smallest ones, matter.

One way that our University cares for others is through Lynchburg Cares. This fund, sustained by generous contributions made by faculty and staff, provides support for our University's community members when they are struggling. As a chaplain, I know the difference Lynchburg Cares has made in the lives of so many, especially when they are facing painful challenges and setbacks. This fund has helped people who were facing eviction, and it has assisted those who could not afford their electricity bills or necessary medications. Lynchburg Cares has even assisted students who were struggling to purchase textbooks. This is a fund rooted in caring for others; it demonstrates the compassionate nature of our University, our desire to make a difference.

As we move into a season of giving, I ask that you, dear reader, consider contributing to Lynchburg Cares. This critical fund is dwindling, and soon we may not be able to offer much needed assistance to those who seek help. I also ask that you

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For more information about the Spiritual Life Center, including info on student spiritual life student groups, go to our webpage - link in the email signature. You can also visit our Linkt.ree (Link is in email).

Lynchburg Cares (cont'd)

consider donating to our food pantry, a service that is used daily by both people within the University's community and by people who live in the city.

The way we as members of University of Lynchburg care for one another is wonderfully inspiring. Whether it is offering a friendly hello while walking across the Dell or giving a smile to someone in the cafeteria, we care. In times of need, when a member of our community is ill or is grieving, we reach out, and we offer care. That is who we are as Hornets. That is what makes our University such a special place. Please consider donating to Lynchburg Cares. Each donation will truly make a difference. You may find more information concerning this program under the images in the body of this email.

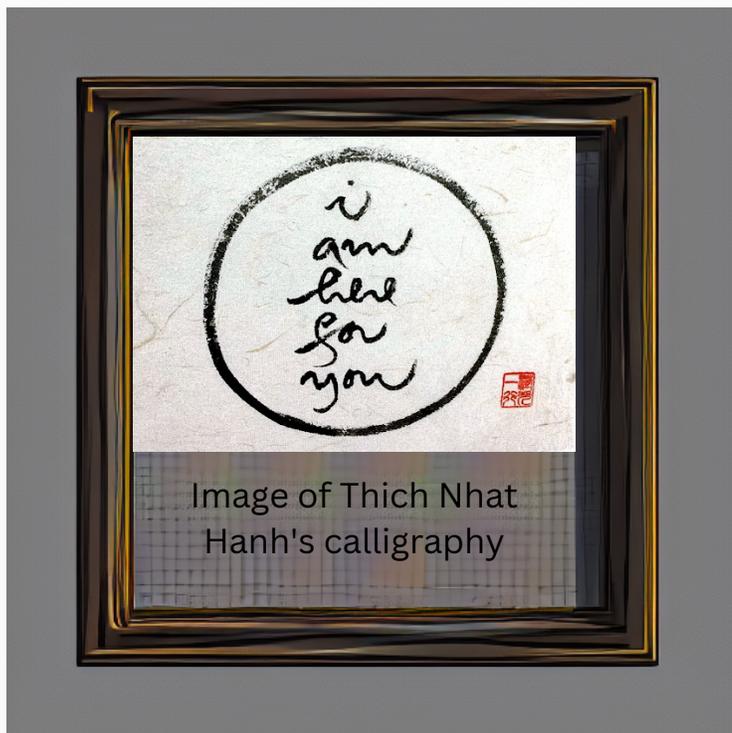


Image of Thich Nhat Hanh's calligraphy

The Chaplain's Corner is a newsletter published by the Spiritual Life Center (SLC) at the University of Lynchburg. We share campus concerns and updates, spiritual life events and activities, and words for the journey. If you have a joy or concern you'd like to share, reply to this message, email the SLC office - spirituallife@lynchburg.edu, or call 434.544.8348.

We only share with your permission. Current and previous issues are on the SLC page of the University website - go to Link in signature (www.lynchburg.edu/spiritual-life) and click on "Newsletter."

Dates to Remember

Sundays at 11 a.m.

Worship with
CHURCH OF THE COVENANT
in Snidow Chapel
(continues over break)

Sundays at 4:30 p.m.

Weekly ROMAN CATHOLIC MASS
in Snidow Chapel
(Mass will resume on January 29)

Wednesday, December 7
4:30 p.m. in Drysdale
POP-UP

Join us for Cookies & Hot
Chocolate, and receive a
free mug and gift bag



Saturday, December 10
7 p.m. at St. John's Episcopal
Church

A HOLIDAY CONCERT FOR THE
HUMAN FAMILY

More info on church website