An affordable program for everyone...
Costs vary according to the number of activities, and pro-
grams can be developed to accommodate a wide variety
of budgets.

About the Outdoor Leadership Program
Lynchburg College has a proud tradition of offering numerous
opportunities for outdoor leadership development and recreation
to its students, faculty, staff, and the community. Programs include
leadership development through adventure course participation,
as well as backpacking, camping, hiking, rappelling, climbing, tree
climbing, geocaching, whitewater rafting, scuba diving, canoeing,
and stand up paddleboarding. All necessary equipment
needed for participation in these activities is owned and maintained
by the LC Outdoor Leadership Program.

For information, contact:
Outdoor Leadership Program
Lynchburg College
1501 Lakeside Drive
Lynchburg, Virginia 24501-3199
434.544.8548
olp@lynchburg.edu

The Lynchburg College Outdoor Leadership Program is the provider
of the Lynchburg Chamber of Commerce Leadership program.
Learn
new skills, learn to appreciate and respect perspectives of your group’s members, and have a great time

Leadership development for...
- corporations
- companies
- organizations
- diverse groups such as churches, community groups, and Boy Scouts

Activities Emphasize...
- experiential learning
- team-building experiences
- achieving a common goal using abilities of all levels

Build a Team by...
- increasing the group’s ability to solve problems
- developing cooperative relationships with fellow members
- improving group dynamics
- learning to function as a cohesive unit

Group Challenge Courses
(4-8 hours, one-day program)...
- Challenge Course (high ropes course and low, 3-section course for teambuilding, development of communication skills, and building trust)

Build a Program Tailored to Your Needs...
- programs custom designed for groups of almost any age
- Outdoor and/or indoor activities suited to physical abilities
- Low course and/or high course programs, which include zip line, leap of faith, and Nessy (a high-team challenge)
- Substitution or combination with other activities such as

  - Backpacking
  - Hiking
  - Canoeing
  - Kayaking
  - Caving
  - Stand-up paddle boarding
  - Scuba diving: an introductory session*

OLP Staff are facilitators who...
- coach activities
- help define and clarify challenges for the group
- lead groups in reflection discussion after each activity
- help participants learn by sharing and identifying successful components of the activity
- help the group use collective insight to recognize potential improvement in performance