Academic Programs

ENVS 397 INDEPENDENT STUDY IN ENVIRONMENTAL SCIENCE (1-3) Prerequisites: Approval of faculty sponsor and school dean; junior or senior standing. This course provides students the opportunity to pursue individual study of topics not covered in other available courses. The area for investigation is developed in consultation with a faculty sponsor and credit is dependent on the nature of the work. May be repeated for no more than six credits.

ENVS 398 SPECIAL TOPICS IN ENVIRONMENTAL SCIENCE (1-4) [credit depends on topic] Prerequisite: A background of work in the discipline. This course will focus on an aspect of the discipline not otherwise covered by the regularly offered courses. The topic will vary according to professor and term; consequently, more than one may be taken by a student during his/her matriculation.

ENVS 399 INTERNSHIP IN ENVIRONMENTAL SCIENCE (1-12) Prerequisites: Juniors or seniors with a 2.25 minimum GPA; approval of written proposal by internship coordinator and supervising faculty prior to registration. This internship is offered to qualified students allowing them to gain personal and practical experience in various areas of environmental science. Internships include but are not limited to working in environmental laboratories, natural resources conservation, restoration of natural areas, and help with research projects conducted by senior scientists and engineers.

ENVS 428 INDIVIDUAL RESEARCH IN ENVIRONMENTAL SCIENCE (1-6) Prerequisites: Junior or senior standing; consent of supervising instructor. This independent opportunity to conduct a field, laboratory, or literary study project culminates in a formal paper and/or presentation as directed by the supervising instructor. Credit is dependent on the nature of the work but may not exceed three credit hours per semester.

ENVS 490 ENVIRONMENTAL SCIENCE SEMINAR (1) Prerequisite: Senior Standing. This seminar is intended as a capstone course and provides an opportunity for students to study a range of biological questions presented by outside speakers. Additionally, students’ communication skills are assessed through oral presentations on internships or individual research projects, as well as other topics.

ENVIRONMENTAL STUDIES COURSES (ENST)

ENST 210 PEOPLE AND THE ENVIRONMENT (3) Prerequisites: ENVS 101/101L-102/102L. This course provides an introduction to the various dimensions of human interaction with the environment and natural resources. Topics include environmental management, economics, law, policy, and global issues, as well as environmental education, communication, recreation, eco-tourism, values, and ethics.

ENST 238 INTRODUCTION TO RESEARCH (1-3) Prerequisite: consent of supervising instructor. This course provides the beginning student the opportunity to conduct lab, field, or library research under the supervision of a faculty mentor. Credit is dependent on the scope of the work.

ENST 350 ENVIRONMENTAL LAW AND POLICY (4) Prerequisites: ENVS 101/101L-102/102L. This course provides an introduction to the laws and policies governing pollution, hazardous wastes, the use of natural resources, etc. Environmental policy formulation and implementation and the role of the judicial system will be topics of focus.

ENST 360 SUSTAINABLE LIVING (4) Prerequisites: ENVS 101/101L-102/102L. This course examines the impact of personal and collective choices on natural resources and the sustainability of communities. Integration of service learning opportunities allows student teams to extend course principles to the local community.

ENST 370 ENVIRONMENTAL MANAGEMENT (4) Prerequisites: ENVS 101/101L-102/102L. This course is a survey of management techniques and topics in the environmental field. Land use planning and ecosystem management are emphasized.

ENST 377 STUDY ABROAD (3) This course provides students with the opportunity to study principles of environmental science in foreign settings.

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opportunity to pursue individual study of topics not covered in other available courses. The area for investigation is developed in consultation with a faculty sponsor and credit is dependent on the nature of the work. May be repeated for no more than six credits.

ENST 398  SPECIAL TOPICS IN ENVIRONMENTAL SCIENCE (1-3) [credit depends on topic] Prerequisite: A background of work in the discipline. This course will focus on an aspect of the discipline not otherwise covered by the regularly offered courses. The topic will vary according to professor and term; consequently, more than one may be taken by a student during his/her matriculation.

ENST 399  INTERNSHIP IN ENVIRONMENTAL STUDIES (1-12) Prerequisites: Juniors or seniors with a 2.25 minimum GPA; approval of written proposal by internship coordinator and supervising faculty prior to registration. This internship is offered to qualified students, allowing them to gain personal and practical experience in various areas of the environmental field. Internships include but are not limited to working in environmental laboratories, natural resources conservation, environmental law and policy, restoration of natural areas, and help with research projects conducted by senior researchers.

ENST 428  INDIVIDUAL RESEARCH IN ENVIRONMENTAL STUDIES (1-6) Prerequisites: Junior or Senior Standing; consent of supervising instructor. This independent opportunity to conduct a field, laboratory, or literary study project culminates in a formal paper and/or presentation as directed by the supervising instructor. Credit is dependent on the nature of the work but may not exceed three credit hours per semester.

ENST 480  CAPSTONE COURSE IN ENVIRONMENTAL STUDIES (3) Prerequisites: ENVS 101/101L-102/102L, junior or senior standing. This course serves as the capstone course for the Environmental Studies major. A current environmental issue will be chosen for in-depth study from various perspectives (policy, economics, sociology, history, science, etc.).

EXERCISE PHYSIOLOGY COURSES (EXPH)

EXPH 100  PHYSIOLOGICAL ASSESSMENTS IN EXERCISE PHYSIOLOGY (3) This hands-on course is designed to teach the exercise physiology major about tests used to assess health and skill related physical fitness. Students will learn how to conduct and participate in various assessments of physical fitness.

EXPH 200  EXPLORATION IN EXERCISE PHYSIOLOGY (3) Pre or corequisite: EXPH 100. This course will examine the numerous career opportunities that exist in the field of Exercise Physiology, how they relate to the field of study, and what are the qualifications and certifications needed to pursue a career in the specific sub-disciplines of Exercise Physiology. This course will also focus on techniques regarding reading and locating research as well as incorporate scientific writing techniques about different topics within exercise physiology.

EXPH 225  BASIC EMERGENCY AND INJURY CARE MANAGEMENT (3) This course is designed to introduce students to basic orthopedic injuries, conditions, and disorders. In addition, students will learn basic emergency management. Course fee required.

EXPH 325  PHYSIOLOGY OF EXERCISE (3) Prerequisites: BIOL 214, 215. This course studies the human body’s short term and long term adjustments to exercise. Topics include: musculoskeletal function, energy metabolism, respiratory adjustments, heart and circulatory adjustment, neural control, temperature regulation, environmental effects, and conditioning principles.

EXPH 326  ADVANCED PHYSIOLOGY OF EXERCISE (3) Prerequisite: EXPH 325. This course is designed to provide students with an in-depth study of physiological and biochemical alterations occurring in the human body as a result of exercise. Topics will include control of bioenergetics, exercise metabolism, acute and chronic adaptations to aerobic and resistance training programs, physiology of performance, environmental effects, hormonal responses, and temperature regulation.

EXPH 330  ASSESSMENT AND TREATMENT OF GENERAL MEDICAL CONDITIONS (3) Prerequisite: EXPH 325. This course is designed to provide students with the knowledge and skill necessary to recognize and treat a variety of systemic pathologies.