

Lynchburg College
Shellenberger Field Turf
Saturday January 16th, 2010
12:00pm-4:00pm
(Rain Date January 17th, 2010)

Contact Info:
Bruce Reid
Head Women's Lacrosse Coach
Lynchburg College
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Lynchburg, VA. 24501
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Lynchburg College Lacrosse

“Cage Rage”

Shooting and Goaltending Clinic

Boys and Girls High School

Focused Instruction:

- Goaltending

Positioning Technique

Game Situations

- Shooting Technique

Placement Pointers

Game situations

- Free T-Shirt and Prizes

*Please Provide own Gear

*Registration \$50 due 1/8

(Can Register day of the event)

Coaching Staff:

Steve Koudelka, Head Men's

Lacrosse Coach Lynchburg College

Bruce Reid, Head Women's Lacrosse

Coach Lynchburg College

Garrett Curran, Assistant Men's

Lacrosse Coach Lynchburg College

Liz Longley, Assistant Women's

Lacrosse Coach Lynchburg College

Jordan Hirsch, Assistant Men's

Lacrosse Coach Lynchburg College

Tricia Clay, Assistant Women's

Lacrosse Coach Lynchburg College

To register, please complete and return the form below. Checks can be made payable to: Lynchburg College Women's Lacrosse.

Name:

Address:

E-mail:

Phone:

High School:

Circle One:

Goalie Shooter

Shirt Size: SM MD LG XL XXL

Graduation Year: '10 '11 '12' 13