

**Lynchburg College**  
**Health and Physical Education**  
Suggested Sequence of Courses

<b>Fall</b>	<b>Spring</b>
<b>Freshman Hr 16</b>	<b>Freshman Hr 17</b>
<i>HPE110 Individual Sport Education Lab(1)</i>  COMM 101 or THEA 123 (3) ENGL 111(3) HIST 101 (3) Gen ED Lab Science (4) HPE 102 (2)	<i>HPE 105 (1)</i>  GEN ED Math (3) ENGL 112 (3) Gen Ed Lab Science (4) HIST 102 (3) Gen Ed Religion (3)
<b>Sophomore - Hr 17</b>	<b>Sophomore – Hr 15</b>
<i>BIOL 214 Human Anatomy(3)</i> <i>BIOL 214L Human Anatomy Lab(1)</i> <i>HP 270 Nutrition(3)</i> <i>HPE 111L Life Sport Education Lab(1)</i> <i>HPE 258 Foundations of HPE(3)</i> <i>PSYC 241(3)</i> <b>Take and Pass PRAXIS I and VCLA</b>  Gen Ed Literature (3)	<i>BIOL 215 Human Physiology(3)</i> <i>BIOL 215L Human Physiology Lab(1)</i> <i>HP 239 Dimensions of health and wellness(3)</i> <i>HPE 112L Team Sport Lab II(1)</i> <i>HPE 310 PK-5 P.E. Methods Practicum(4)</i> <b>Apply and be accepted into the Teacher Preparation Program</b>  Gen Ed Foreign Language (3)
<b>Junior – Hr 16</b>	<b>Junior – Hr 16</b>
<i>HPE 113 Team Sport Lab I(1)</i> <i>HPE 303 Motor Development(3)</i> <i>HPE 361 Measurement of Performance HPE (3)</i> <i>EXPH 325 Physiology of Exercise(3)</i> <i>HP 300 Drugs and behavior management(3)</i>  Gen Ed Social Science (3)	<i>HPE 335 Comprehensive School Health Practicum(4)</i> <i>HPE 362 HPE for Exceptional Populations(3)</i> <i>EDCU 351 Reading in the Content Area (3)</i>  Gen Ed Fine Arts (3) Gen Ed Philosophy (3)
<b>Senior – Hr 15</b>	<b>Senior – Hr 12</b>
<i>HPE 304 Sport Psychology(3)</i> <i>HPE 320 6-12 P.E. Methods Practicum(4)</i> <i>EXPH 380 Kinesiology(3)</i> <b>Take and Pass PRAXIS II</b>  Senior Symposium (2) Gen Ed Social Science (3)	<i>EDUC 448 Student teaching seminar(1)</i>  <i>HPE 467 Student teaching in HPE(11)</i>

Total Hours = 124

**Requirements for Admission to the Teacher Preparation Program:** (You must take PSYC 241 and pass with a C- or better to apply to the Teacher Preparation Program)

1. Overall QPA of 2.50 or above.
2. Completion of (or currently enrolled in) core courses with grades of C- or above.
3. Courses completed with grades of D+ or below must be retaken prior to application.
4. Presentation of passing scores on Praxis I or a composite score above the state's minimum criteria.

**Application Deadlines are November 1 for the fall and March 20 for the spring**