

Office of Student Activities



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NEWSLETTER! 2/01/09

NEW HORIZONS: Get ready for an amazing adventurous spring semester with New Horizons! We have all the favorite programs on this semester's schedule.

In addition, we have added new programs, Sea Kayaking, SCUBA certification, Diving/snorkeling with Manatees, Women's Backpacking, Night hike, Weekend of caving at Grand Caverns and lots of collaborative programming with Sweet Briar College Outdoor programs.

INTRAMURALS & CLUB

SPORTS: Basketball and Dodgeball seasons begin Feb 2nd and 10th, respectively. Halo tournament will also be held on Feb 14th. That's it until after spring break!

SAB: Do you ever wonder where the Student Activities Board finds their events? Every year, a small group of SAB members are chosen to attend NACA, the National Association for

Program	Day	Date	Time	Place	Cost*	Pre-Trip
SCUBA	Friday	1/23	6 p.m.-10:00 p.m.	LC Campus	275.00	No
Caving	Saturday	2/7	8 a.m.-6 p.m.	Porters	Free	2/4
SCUBA with Manatees	Friday-Monday	2/13-16/09	3 p.m.-5 p.m.	Crystal River, Fl	265.00	2/10
Caving (Sweet Briar)	Saturday	2/22	8 a.m.-6 p.m.	Cross Roads	Free	2/17
Day Hike	Saturday	3/1	11-4 p.m.	Apple Orchard Falls	Free	2/25
Spring Break	Saturday	3/7-14/09	3 p.m.-5 p.m.	Florida	1,200.00	2/25
Mid-night Caving (LLN)	Friday- Saturday	3/20	10 p.m.-6 a.m.	Porters	Free	3/17
Horseback riding	Thursday	3/26	4-8 p.m.	Alta Vista	10.00	No
Backpacking	Saturday-Sunday	3/28	8 a.m.-6 p.m.	TBA	Free	3/25
Night Hike (LLN)	Friday	4/3	8 p.m.-11 p.m.	Peaks of Otter	Free	4/1
Women's Backpacking	Friday	4/4	8 a.m.-6 p.m.	Shenandoah	Free	4/1
NOLS at LC	Thursday	4/9	8 a.m.-6 p.m.	LC Campus	Free	No
Camping with Sweet Briar	Friday-Saturday	4/10-11,09	4 p.m.-2 p.m.	Sherando Lake	10.00	4/7
Sea Kayaking	Friday- Sunday	4/17-19/09	3 p.m.-5 p.m.	Virginia Coast	100.00	4/14
Spring VAR Caving	Friday-Sunday	4/24	3 p.m.-5 p.m.	Grand Caverns	50.00	4/21
Canoe Trip	Saturday	5/3	11 a.m.-3 p.m.	James River	Free	4/29

Campus Activities. This convention allows SAB members to attend educational sessions, performer showcases, and the Marketplace, a showcasing of different companies and their products. This year the convention is held in Nashville, Tennessee and eight SAB members (exec. and general board) are attending. These members are: Victoria Pever, Jonathan Jordan, Daniel Toney, Megan Celuck, Katherine Koehling, Laura Chappell, Bethany White, and Marissa Thompson. Be sure to attend the upcoming SAB events: Feb. 8th-Massanutten snow tubing and water park (watch for sign-ups in the OSA), Feb. 21st— Ballroom 9pm Kenan Thompson and the Black Comedy Tour, and Feb.28th-29th—Amazement Square lock-in.

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LLN: Join the girls of Kappa Delta for a night of Karaoke, Feb. 7th, 10pm in Westover. Sigma Nu is sponsoring their annual TOGA PARTY in the Ballroom Feb. 14th at 10pm (remember to pull out those sheets and laurel wreath crowns!). Tri Sigma rounds out the month with their ever-popular, “Newlywed Game”—aka. “It Takes Two.” Roommates, best friends, and couples are encouraged to come out and see who knows their significant other best. Free food and amazing prizes available. Feb. 20th, 10pm in Westover.

GREEK: Spring Recruitment will be in full swing starting this Sunday (February 1st) at 2pm at the informational meeting in Brewer Townhouse. The informational meeting is not required but highly recommended. Sunday night there will be an event for all four PC sororities on campus- Alpha Chi Omega, Alpha Sigma Alpha, Kappa Delta, and Sigma Sigma Sigma. Formal Recruitment will be from Sunday February 1st — Saturday February 7th when bids will be handed out. After formal recruitment some sororities may hold a continuous open bid period. If you have any questions please contact Vanessa Alberto- V@students.lynchburg.edu or Ashley Wiggins- Wiggins_A@students.lynchburg.edu. Fraternity recruitment takes place during the same week. For more information contact, Herbert Bruce at bruce@lynchburg.edu.

Student Quote of the Month: “[OSA] keeps kids active— and not just sitting there doing nothing!”-Heather Reed, class of 2010

ANDERSON:

ANDERSON LEADERSHIP CONFERENCE

2009

Citizens of Change...

“In a gentle way, you can change the world” ~ Gandhi

Saturday, February 21st

12:00—8:00 pm

Schewel Hall, Lynchburg College

Registration Deadline:

Monday, February 16th

*** First 150 registrants will receive a door prize***

Lynchburg College Students Free
Non-Lynchburg College Students \$10.00

For Additional Information contact:

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434.544.8166

