

## LYNCHBURG COLLEGE SHELLENBERGER FIELD FACILITY RECORDS

MEN'S RECORDS					WOMEN'S RECORDS				
Event	T / H	Name	School	Year	Event	T / H	Name	School	Year
100 Meter	10.43	Dunkley	Unattached	2007	100 Meter	11.63	Collins	Unattached	2003
200 Meter	20.99	Harper, Jr.	Christopher Newport	2008	200 Meter	24.04	Collins	Unattached	2003
400 Meter	46.44	Byrd	Warp Speed Llc	2007	400 Meter	53.73	Arnold	Elite Athletics	2007
800 Meter	1:52.64	Zobenica	Lynchburg College	2002	800 Meter	2:08.00	Sagan	Liberty University	2002
1500 Meter	3:41.58	Jabut	Carrboro Athletics	2007	1500 Meter	4:39.59	Green	The Farm Team	1995
3000 Meter					3000 Meter				
Steeplechase	9:18.68	Moyer	Lock Haven	2000	Steeplechase	11:54.9h	Pasquarella	East Stroudsburg	2009
5000 Meter	14:39.33	Cox	Unattached	2001	5000 Meter	17:37.70	Hynes	Univ. of Rio Grande	1998
10000 Meter	31:13.10	Hilton	Duke	1994	10000 Meter	38:02.57	Lambert	Lock Haven	2009
110 Hurdles	14.05	Jones	Unattached	1996	100 Hurdles	14.11	Jones	Greensboro Pacesetter	1999
400 Meter Hurdles	51.21	King	Unattached	2003	400 Meter Hurdles	62.88	Zelinkas	Liberty University	2004
4x100 Meter Relay	41.08		Christopher Newport	2007	4x100 Meter Relay	46.80		North Carolina A&T	1999
4 x 200 Meter Relay	1:28.74		UNC-Pembroke	2004	4 x 200 Meter Relay	1:43.46		John C. Smith Univ.	2004
4 x 400 Meter Relay	3:13.50		Lynchburg College	2001	4 x 400 Meter Relay	3:51.09		Norfolk State Univ.	1999
Distance Medley Relay	10:51.21		UNC-Track Club	2004	Distance Medley Relay	13:45.40		Southern Virginia	2004
Shot Put	55'8.5"	Hart	Liberty University	2007	Shot Put	54' 0"	Bungee	Unattached	1997
Discus	178'9"	Talbert	Liberty University	2009	Discus	146' 0"	Bungee	Unattached	1997
Javelin	206'7"	Galeone	Unattached	2008	Javelin	180' 7"	Foster	Unattached	1996
High Jump	7'2.25"	Lewis	Bridgewater College	1997	High Jump	5' 8.5"	Osinga	Lynchburg College	1999
Long Jump	24'2.5"	Wallace	Unattached	2007	Long Jump	19' 1.5"	Edwards	Mary Washington	1999
Triple Jump	49'9"	McCoy	Unattached	2007	Triple Jump	38' 9.75"	Mitchell	Mary Washington	1998
Pole Vault	16'6"	Rollins	Lynchburg College	2007	Pole Vault	12' 11.75"	Wildrick	Liberty University	2002
Hammer	222'0"	Stoikos	Unattached	1997	Hammer	174' 4"	Rankin	Unattached	1997

Decathlon

6510

Lichtenstein Lynchburg College

1998

