HEALTH COURSES (HLTH)

HLTH 102 LIFE CHOICES FOR HEALTH AND WELLNESS (2) This course explores the various factors influencing health. Students differentiate between healthy behaviors and those which place individuals at risk; investigate resources for health information; and become knowledgeable about and practice lifestyle health management skills.

HLTH 300 PHARMACOLOGY (3) *Prerequisites: BIOL 214-214L and 215-215L or BIOL 222-222L and 223-223L.* This course establishes a knowledge base in pharmacology and provides an opportunity to investigate pharmacological principles. Students will focus on the relationship between pharmacological knowledge, nursing practice, and athletic training. Drug prototypes, mechanisms of action, and the implications for clinical management are discussed.

HLTH 300L NURSING PHARMACOLOGY LAB (1) *Prerequisites: Completion of nursing prerequisite courses; pre- or corequisite: HLTH 300; concurrent enrollment in 300 level clinical nursing courses required.* The pharmacology lab focuses on principles of safe medication administration. It provides psychomotor skill development opportunities as well as clinical practice simulations.

HLTH 397 INDEPENDENT STUDY IN HEALTH (1-3) *Prerequisites: Approval of faculty sponsor and school dean; junior or senior standing.* This course provides students the opportunity to pursue individual study of topics not covered in other available courses. The area for investigation is developed in consultation with a faculty sponsor and credit is dependent on the nature of the work. May be repeated for no more than six credits.

HLTH 398 SPECIAL TOPICS IN HEALTH (1-3) [credit depends on topic] *Prerequisites: A background of work in the discipline or prior consent of instructor.* This course will focus on an aspect of the discipline not otherwise covered by the regularly offered courses. The topic will vary according to professor and term; consequently, more than one may be taken by a student during his/her matriculation.