HEALTH COURSES (HLTH)

HLTH 102 LIFE CHOICES FOR HEALTH AND WELLNESS (2) This course explores the various factors influencing health. Students differentiate between healthy behaviors and those which place individuals at risk; investigate resources for health information; and become knowledgeable about and practice lifestyle health management skills.

HLTH 300 PHARMACOLOGY (3) *Prerequisites: BIOL 214-214L and 215-215L or BIOL 222-222L and 223-223L.* This course establishes a knowledge base in pharmacology and provides an opportunity to investigate pharmacological principles. Students will focus on the relation-ship between pharmacological knowledge, nursing practice, and athletic training. Drug prototypes, mechanisms of action, and the implications for clinical management are discussed.

HLTH 300L NURSING PHARMACOLOGY LAB (1) *Prerequisites: Completion of nursing prerequisite courses; pre- or corequisite: HLTH 300; concurrent enrollment in 300 level clinical nursing courses required.* The pharmacology lab focuses on principles of safe medication administration. It provides psychomotor skill development opportunities as well as clinical practice simulations.