

Family Caregiving Training

June 11 & 18, 2011

9:00 a.m. - 12:00 p.m.

Registration from 8:30 a.m. - 9:00 a.m.

Adult Care Center of Central Virginia
621 Court Street
Downtown Lynchburg

Description:

This **six-hour training program** will offer tips for successful day-to-day caregiving. Topics will include legal considerations, memory loss & dementia, end-of-life care, basic care, stress management, local resources & more.

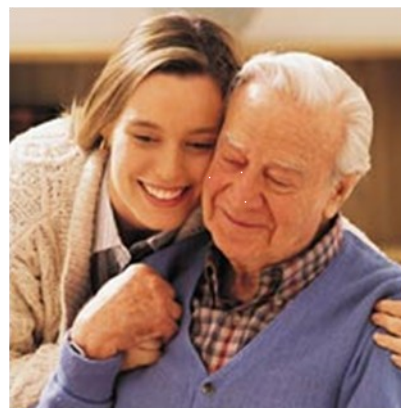
Cost: \$20.00/person

(Make checks payable to The Beard Center on Aging & return to Beard Center on Aging, 1501 Lakeside Drive, Lynchburg, VA 24501)

* Scholarships are also available

Sponsored by:

- Aging & Caregiving Resource Center
- Adult Care Center of Central Virginia
- Beard Center on Aging at Lynchburg College
- Central Virginia Area Agency on Aging
- Genworth Financial



*For additional information contact:
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